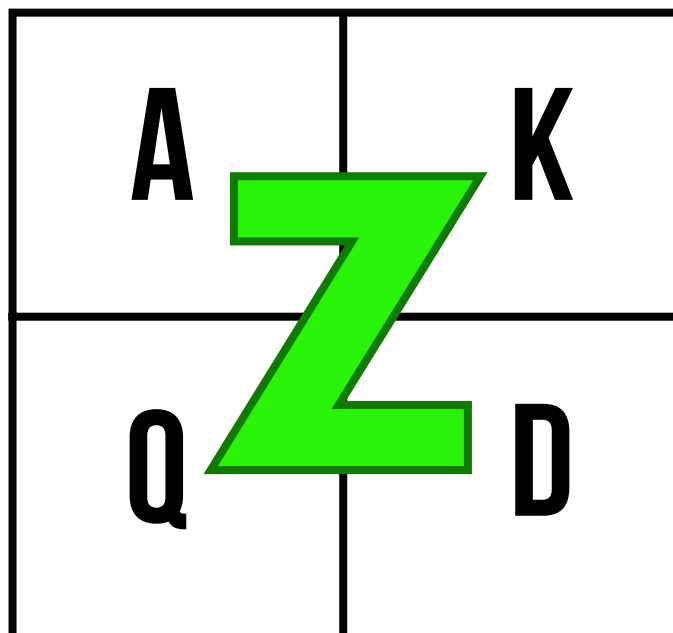




# HANDBALL RULES 2025

## FORMAT

Z FORMAT



## RULES

1. Ace serves a nice serve.
2. Full your out, full plays and guarded
3. Lines = Replay bounce ball on line.  
Optional lines by favour
4. Rolls = replay
5. Headers allowed
6. 1 square elimination. Dunc to Reserve.  
Optional 2 square
7. Skyscrapers on
8. Optional rules: Fun rules, pop, emails or PBN

## SPORTSMANSHIP STEPS

1. Discuss
2. Confusion Replay
3. Teacher

