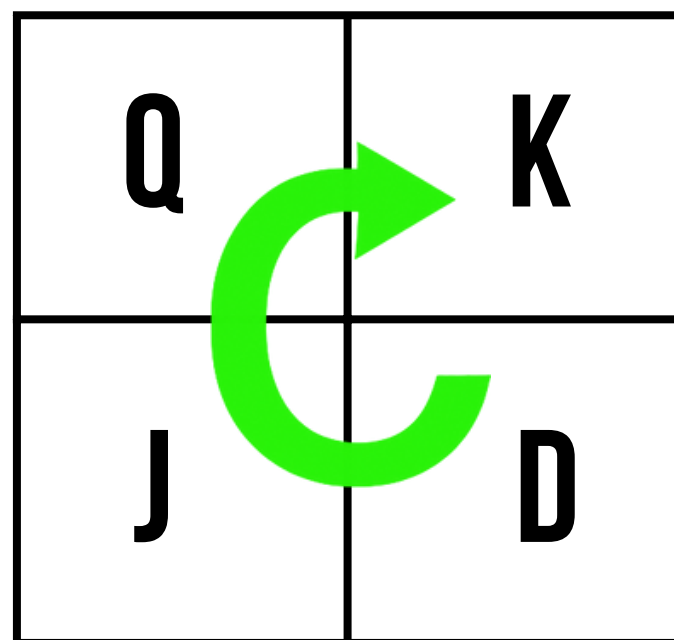




HANDBALL RULES 2025

FORMAT

C FORMAT



RULES

1. King serves. Decent. Service. KB's and 3 faults
2. Full your out.
3. Lines – by favour, bounce replay
4. Rolls Your out
5. Headers, Footsies and body shots
6. Square elimination (King to Duncie only) if there is a line.
7. Death match (instant elimination) and X King Death match
8. Challenges with breaks and X King Challenge (higher court swap squares)
9. Mountain on = overhead height allowed
10. Optional: Apple Smoothies, Intercepts and savies

GOOD SPORT STEPS

1. Discuss
2. Replay
3. Teacher



These rules have been discussed and majority voted on by numerous NSW, QLD, VIC and ACT school students, OSH centres, teachers and recommended by Handball Australia. Over 230 different rules have been created for Handball. You can play any rules you want, we encourage creativity and evolving rules. That's what's special about the game. Rules implemented must be majority voted, understood and sportsmanship upheld.