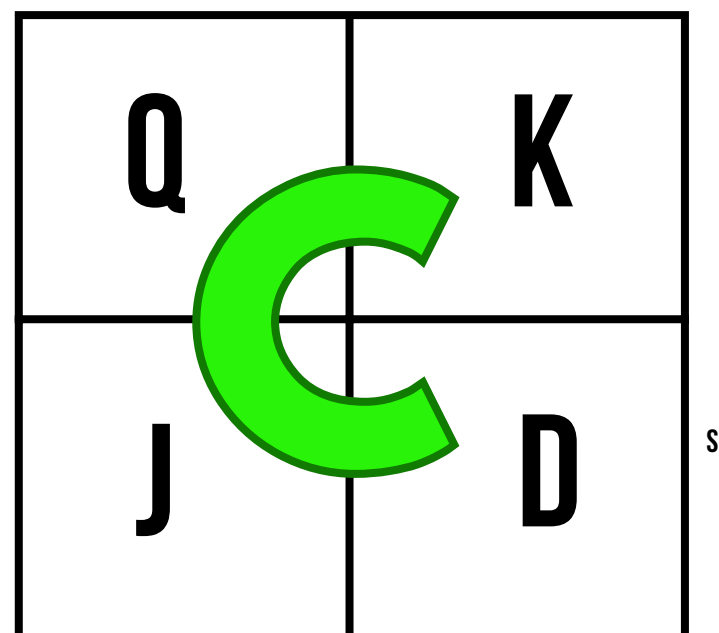




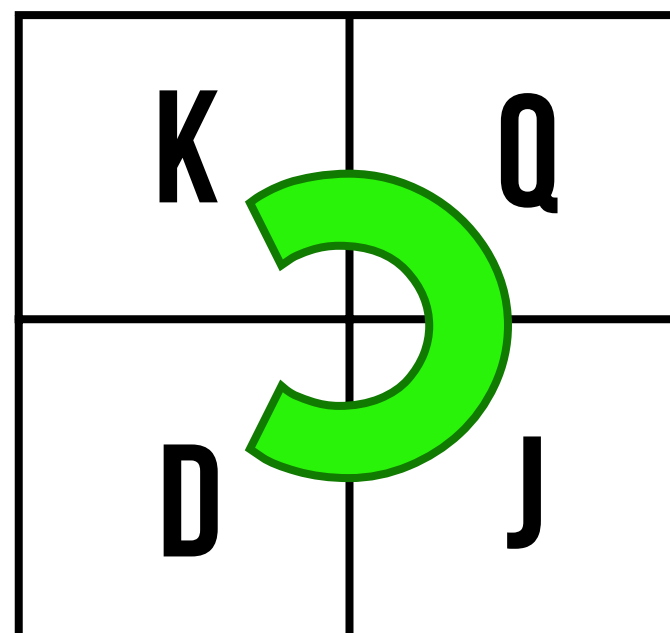
# HANDBALL RULES 2025

## FORMAT

C FORMAT



REVERSE C FORMAT



## RULES

1. Anyone can serve. Descent serve knee or higher.
2. Full your out, Full played, last to play, forgotten
3. Lines = replay
4. Rolls rules
5. Headers, body shots and Tootsies allowed (1 bounce or on the full)
6. 2 square move down (medium) - King to Jack
7. Ghosties (1 foot)
8. Cross court
9. Ready or nots, stomps, teams and Death rallies (optional)
10. No Cherries, Nut crackers or swapsies

## SPORTSMANSHIP STEPS

1. Players discussion
2. Replay point
3. Teacher or staff decision
4. Constant problems - modify rules



These rules have been discussed and majority voted on by numerous NSW, QLD, VIC and ACT school students, OSH centres, teachers and recommended by Handball Australia. Over 230 different rules have been created for Handball. You can play any rules you want, we encourage creativity and evolving rules. That's what's special about the game. Rules implemented must be majority voted, understood and sportsmanship upheld.