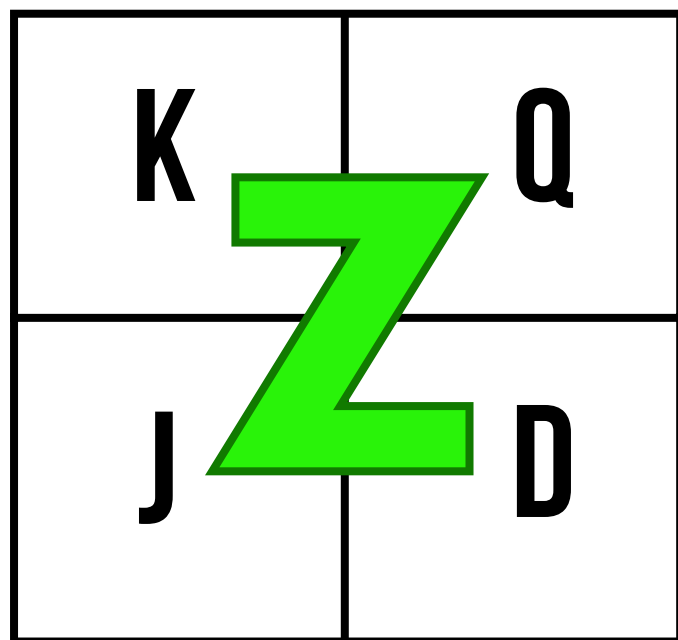


Victoria DOWNBALL RULES 2025

FORMAT

K, Q, J, D

Z FORMAT



RULES

1. King serves to anyone. no slack serves
2. Full your out.
3. Lines (lineo) and rolls is replay
4. Body shots allowed. (1 bounce or on the full) No Headers
5. Instant elimination.

SPORTSMANSHIP STEPS

1. Healthy discussion
2. Replay point or group vote
3. Teacher's decision
4. Constant problems - modify rules



These rules have been discussed and majority voted on by numerous NSW, QLD, VIC and ACT school students, OSH centres, teachers and recommended by Handball Australia. Over 230 different rules have been created for Handball. You can play any rules you want, we encourage creativity and evolving rules. That's what's special about the game. Rules implemented must be majority voted, understood and sportsmanship upheld.