

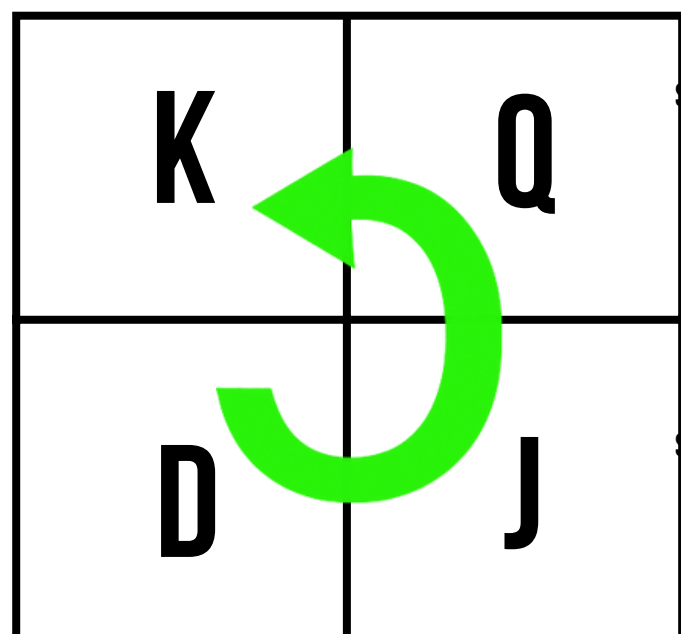


# HANDBALL RULES 2025

## FORMAT

K, Q, J, D

### REVERSE C FORMAT



## RULES

1. Service. 1st serve (server and receiver). Old king and no slack serves. Can't serve to same person 3 times
2. Full your out.
3. Lines and Rolls - Replay
4. Headers, footsies and body shot allowed (full or 1 bounce)
5. 1 square elimination - Dunces to reserve
6. Savies (unlimited) 1 foot.
7. Grabsies not allowed
8. Cracks - If it hits a crack or funny bounce replay the point
9. Twisties allowed.
10. Poison on (3 times). Freeplay
11. Trav's on
12. Cherries

## GOOD SPORT STEPS

1. Healthy discussion
2. Replay point or group vote
3. Teacher's decision
4. Constant problems - modify rules



These rules have been discussed and majority voted on by numerous NSW, QLD, VIC and ACT school students, OSH centres, teachers and recommended by Handball Australia. Over 230 different rules have been created for Handball. You can play any rules you want, we encourage creativity and evolving rules. That's what's special about the game. Rules implemented must be majority voted, understood and sportsmanship upheld.