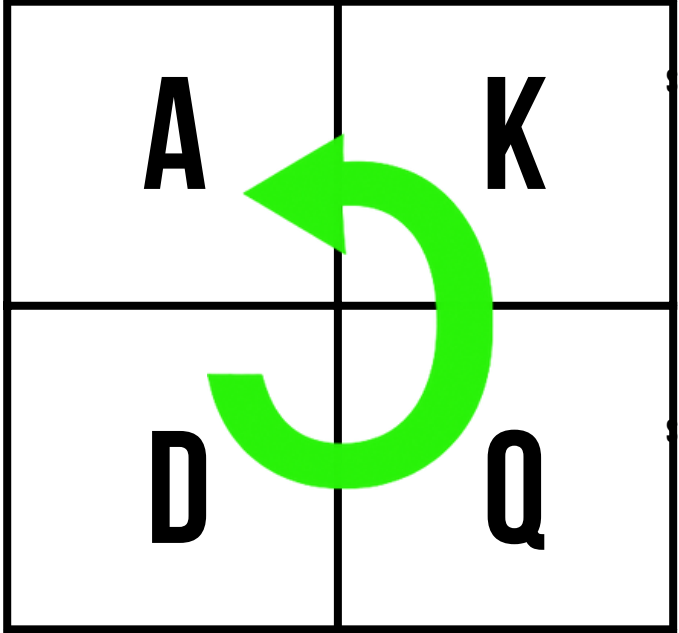




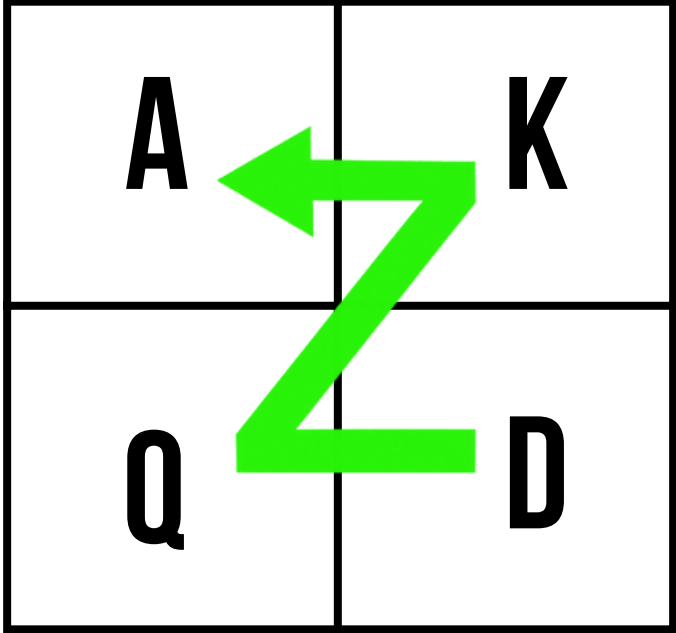
HANDBALL RULES 2025

FORMAT

REVERSE C FORMAT



Z FORMAT

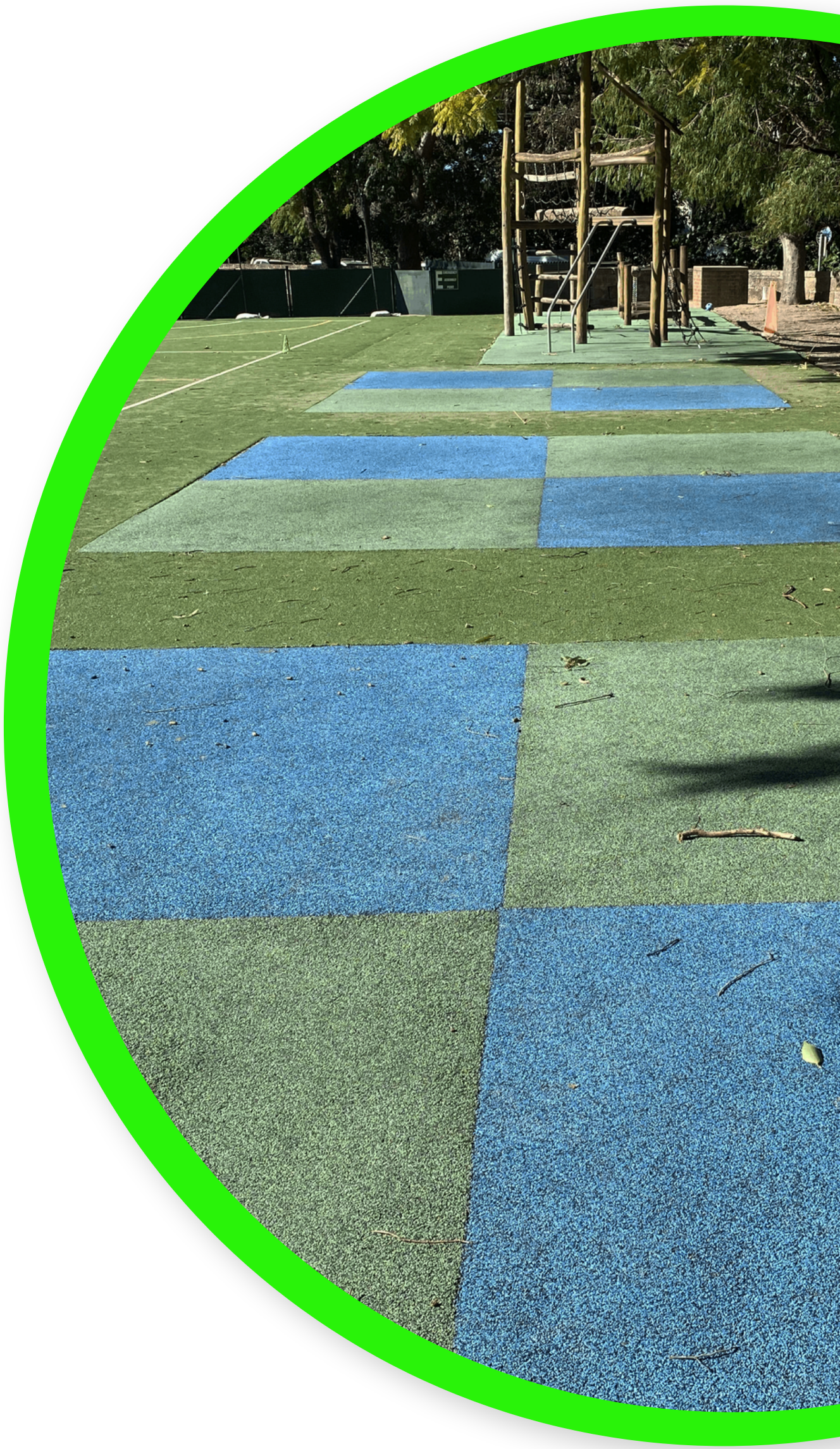


RULES

1. Anyone or Ace can serve
2. Full your out. Optional: 3 x play is forgotten
3. Lines and Rolls – Replay
4. Headers allowed
5. Instant elimination
6. Robberies (1 foot)

GOOD SPORT STEPS

1. Discuss
2. Vote
3. Replay
4. Teacher



These rules have been discussed and majority voted on by numerous NSW, QLD, VIC and ACT school students, OSH centres, teachers and recommended by Handball Australia. Over 230 different rules have been created for Handball. You can play any rules you want, we encourage creativity and evolving rules. That's what's special about the game. Rules implemented must be majority voted, understood and sportsmanship upheld.