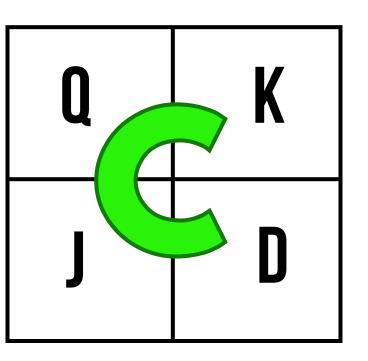


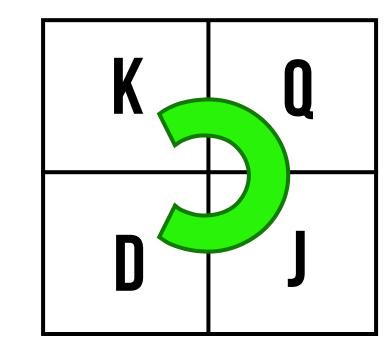
HANDBALL RULES 2025

0 R

C FORMAT



REVERSE C FORMAT



RULES

FORMAT

1. Anyone serves a descent.

Alternative option: King serves.

1st serve for receiver (beginners only)

- 2. Full your out. Advanced players: Play's & Forgotten
- 3. Lines: play on, replay or bounce replay
- 4. 2 or 3 Square elimination depending on how many reserves



- 5. Rolls your out
- 6. Headers, body shots (knee up) and Combo's
- 7. Optional: Savies and cross court
- 8. Poison
- 9. Funnies = replay

SPORTSMANSHIP STEPS

Discuss
Vote
Replay
Teacher

These rules have been discussed and majority voted on by numerous NSW, QLD, VIC and ACT school students, OSH centres, teachers and recommended by Handball Australia. Over 230 different rules have been created for Handball. You can play any rules you want, we encourage creativity and evolving rules. That's what's special about the game. Rules implemented must be majority voted, understood and sportsmanship upheld.



HANDBALL AUSTRALIA ASSOCIATION PTY LIMITED - COPYRIGHT © 2025

WWW.HANDBALLAUSTRALIA.COM.AU