



CONTENTS

1 Cover

2 Contents

3 General Information

4 Special Events and Services

5 Camp Schedule





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GENERAL INFORMATION



DEAR PARENTS.

THIS BOOKLET DETAILS WHAT YOUR CHILD WILL BE DOING WHILE AT OUR HOLIDAY CAMP PROGRAM. OUR STRUCTURED PROGRAMS, EXPERIENCE, COMPETITIONS, COACHING, SPECIAL ACTIVITIES AND COACHES WILL PROVIDE A WONDERFUL AND FANTASTIC CAMP SO YOUR CHILD WILL HAVE A FUN AND REWARDING HOLIDAY EXPERIENCE. IF YOU HAVE ANY QUESTIONS PLEASE CONTACT ME ANYTIME

DAN (DIRECTOR)

LOCATION: TUESDAY 23RD JANUARY 2024

CENTENNIAL PARKLANDS SPORTS CENTRE

CORNER ANZAC PARADE AND LANG ROAD, MOORE PARK

WEDNESDAY 24TH JANUARY 2024

MELWOOD AVE FORESTVILLE NETBALL COURTS

TIME: FULL DAY: 9:00AM - 3:00PM

1/2 DAY: 9:00AM - 12:00PM OPTIONAL EXTRA SUPERVISION 8:00AM - 5:30PM @ \$15 PER DAY

PARENTS: PACK A BAG WITH FOOD FOR RECESS & LUNCH A HAT &

WATER BOTTLE.

SIGN CHILDREN IN AND OUT EVERY DAY

MORE INFO: 0430629154

ADMIN@HANDBALLAUSTRALIA.COM.AU





SPECIAL BENEFITS & SERVICES

TOURNAMENTS & TROPHIES Everyday

| 1 | 2 |
|---|---|
| 4 | 3 |







WATERFIGHT if hot enough





HANDBALL SCHEDULE

| TIANDDALL SOTIEDOLL | |
|---------------------|---|
| TIME TASK | DETAILS |
| 08:45am - 09:00am | Enrolments & Pre Camp Warm up games |
| 09:00am - 09:15am | Camp Starts. Introduction Group Meeting |
| 09:15am - 09:45am | Warm up Games & Grading |
| 09:45am - 10:00am | Coaching: Rules and Sportsmanship Steps |
| 10:00am - 10:30am | Recess Break |
| 10:30am - 11:00am | Coaching: Left and Right hand, Headers and Slogs |
| 11:00am - 12:00pm | 4 Square Tournament 1st half 1 2 4 3 |
| 12:00pm - 12:30pm | Lunch |
| 12:30pm - 01:30pm | Different game formats Compare Compare |
| 01:30pm - 02:15pm | 4 Square Tournament 2nd half 1 2 4 3 |
| 02:15pm - 02:45pm | Fun games |
| 02:45pm - 03:00pm | Presentation |



