

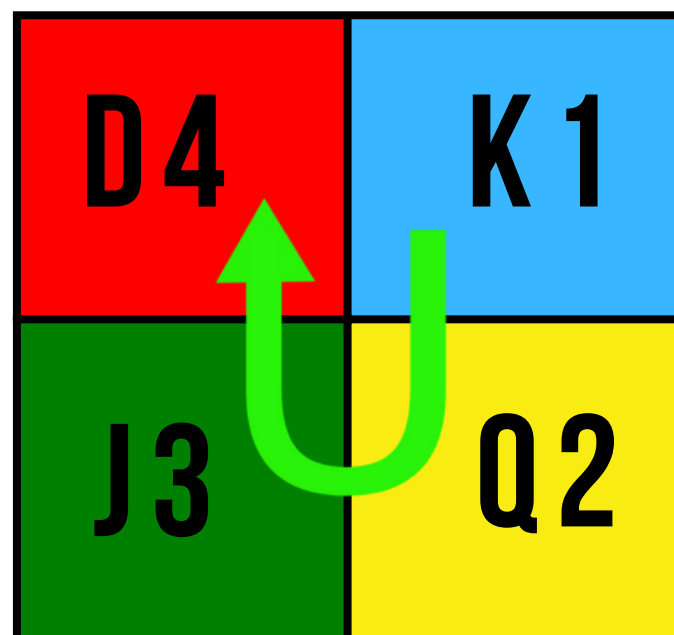


HANDBALL RULES 2025

FORMAT

K, Q, J, D

U FORMAT



RULES

1. King serves. Descent serve. 1st Serve.
Service or Serve to Duncie
2. Full your out. Optional: Full plays
3. Lines and Rolls – Bounce Replay in the middle of the court by K or Reserve.
4. Headers & Footsies
5. 1 square elimination – Only 4/Duncie goes to Res
6. Corners off
7. Shadows
8. Rebounds of wall
9. Apple Twisties

GOOD SPORT STEPS

1. Discuss
2. Redo or replay
3. Teacher



These rules have been discussed and majority voted on by numerous NSW, QLD, VIC and ACT school students, OSH centres, teachers and recommended by Handball Australia. Over 230 different rules have been created for Handball. You can play any rules you want, we encourage creativity and evolving rules. That's what's special about the game. Rules implemented must be majority voted, understood and sportsmanship upheld.