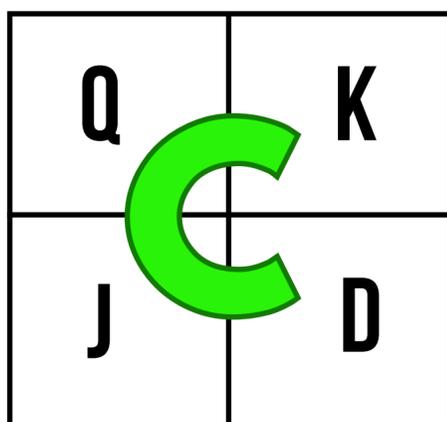


## FORMAT

### C FORMAT

K, Q, J, D



## RULES

1. King serves to anyone. Descent (head high, normal or low and slow) 1st serve (beginners only)
2. Full your out. Full plays
3. Lines - Lines by favour bounce replay
4. Rolls replay.
5. Headers allowed ( 1 bounce or on the full)
6. 1 or 2 reserves = Quick gold (1 square elimination) Dunce goes to reserve line. 3 or more reserves play Quick silver (2 Square elimination) Only King and Queen goes to Dunce. Jack and Dunce go to reserve line. 0 reserves Double and Triple Dunce is on.
7. Ace and helpsies is on
8. Treetops off (you can hit as high as you want in a rally) however on a serve must yell treetops if you serve the ball head height
9. Grabsies - You can grab the ball during play and serve again (beginners only)
10. Footsies On - hits feet not out (beginners only)

## SPORTSMANSHIP STEPS

1. Healthy discussion
2. Replay point, group vote or scissors, paper, rock
3. Teacher's decision
4. Constant problems - modify rules

