

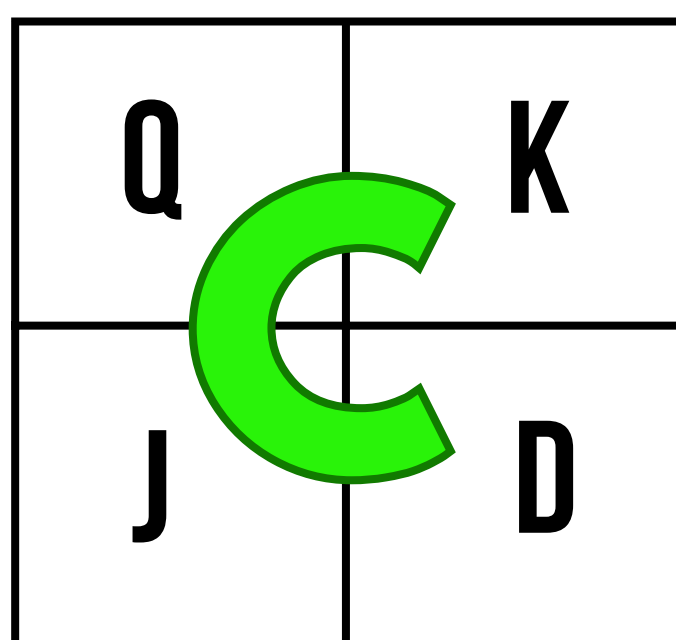


HANDBALL RULES 2024

FORMAT

K, Q, J, D

C FORMAT



RULES

1. King serves to anyone. Descent (head high, normal or low and slow) 1st serve (beginners only)
2. Full your out. Full plays
3. Lines - Lines by favour bounce replay
4. Rolls replay.
5. Headers allowed (1 bounce or on the full)
6. 1 or 2 reserves = Quick gold (1 square elimination) Dunc goes to reserve line. 3 or more reserves play Quick silver (2 Square elimination) Only King and Queen goes to Dunc. Jack and Dunc go to reserve line. 0 reserves Double and Triple Dunc is on.
7. Ace and helpsies is on
8. Treetops off (you can hit as high as you want in a rally) however on a serve must yell treetops if you serve the ball head height
9. Grabsies - You can grab the ball during play and serve again (beginners only)
10. Footsies On - hits feet not out (beginners only)

SPORTSMANSHIP STEPS

1. Healthy discussion
2. Replay point, group vote or scissors, paper, rock
3. Teacher's decision
4. Constant problems - modify rules



These rules have been discussed and majority voted on by numerous NSW, QLD, VIC and ACT school students, OSH centres, teachers and recommended by Handball Australia. Over 230 different rules have been created for Handball. You can play any rules you want, we encourage creativity and evolving rules. That's what's special about the game. Rules implemented must be majority voted, understood and sportsmanship upheld.